

“ THESE NUMBERS ARE STAGGERING,
TRAGIC — AND PREVENTABLE ”

— John Auerbach, president and CEO of TFAH

More than 1 million people died from drugs, alcohol and suicide over the past decade — and if trends continue, the death rate could double to claim 2 million more lives by 2025.



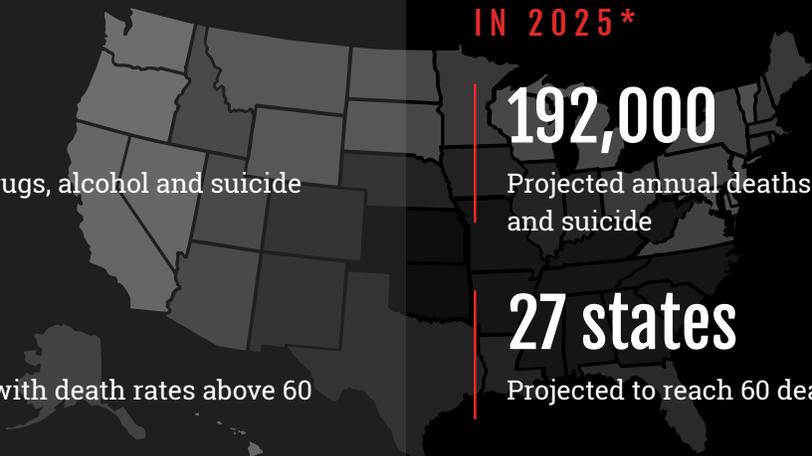
IN 2015

127,000

People died from drugs, alcohol and suicide

5 states

5 states had death with death rates above 60 per 100K



IN 2025*

192,000

Projected annual deaths from drugs, alcohol and suicide

27 states

Projected to reach 60 deaths per 100K

DRUGS

Opioids' grim toll

52,400

The number of drug deaths in 2015, nearly triple what they were in 2000.

286%

The percent increase in drug deaths in non-metro areas from 1999 to 2015.

ALCOHOL

An escalating crisis

33,200

Number of alcohol-induced deaths in 2015, a 35-year high.

37%

Alcohol deaths increased by more than one-third between 2000 and 2015.

SUICIDES

Risks — and rates — grow

44,000

Number of suicides in 2015.

40%

Rural suicide rates are 40 percent higher than in metro areas.

“ WE’RE FACING A GENERATIONAL CRISIS. AND IT CALLS FOR BIGGER AND BOLDER ACTION. ”

— Benjamin F. Miller, PsyD, Chief Policy Officer, Well Being Trust

60: The number of research-based policies, practices and programs that the new report, *Pain in the Nation: The Drug, Alcohol and Suicide Epidemics and the Need for a National Resilience Strategy*.

DRUGS

A full-scale approach to the opioid crisis includes:

- Promotion of responsible opioid prescribing and public education about misuse
- Expanded and modernized mental health and substance use disorder treatment services
- “Hot spot” intervention strategies
- Improved pain management and treatment

ALCOHOL

Evidence-based policies that reduce excessive consumption include:

- Increasing pricing
- Limiting hours and density of alcohol sales
- Enforcing underage drinking laws and holding sellers and hosts liable for serving minors

SUICIDES

Effective approaches for preventing suicide include:

- Expansion of crisis intervention services
- Anti-bullying and social-emotional learning programs in schools
- Support systems for veterans
- Improved integration of mental health services into primary care

INVESTMENT PAYOFF

\$249 Billion

About 3.8% of the population had a diagnosis related to drugs, alcohol or suicide risk in 2014 — combined, these patients had annual health care costs of \$249 billion.

\$4-\$12

Early childhood programs have a \$4-\$12 return for every \$1 invested.

80%

The Zero Suicide model program has shown an 80% reduction in suicides.

\$3.80-\$34

Top school substance misuse prevention programs have a \$3.80 to \$34 return for every \$1 invested.